

Contextual Interview Template

First, Conduct Functional Analysis of **Presenting Problem**

1. When did this problem start? Is there something that has happened lately that made it worse?
2. What situation/events trigger this problem?
3. Is there anything that you do that makes it better? Worse?
4. How is this problem affecting your life in terms of work, r/s's, play

Next, conduct a Contextual Assessment

1. Are you working? How do you like your job? Do you get along with your peers? Are you disabled to work? Why? For how long?
2. Are you married or in an intimate r/s? how are the 2 of you doing? When you have conflicts, is there any violence or verbal abuse going on?
3. Who do you live with? Do you have children? Are they living with you? How are they doing? (If children are emancipated) Do you get along with your children? Do you have frequent contact w/them?
4. Do you have friends? Do you together with them often? When was the last time you did?
5. What do you do for fun?

What else do you do for fun? When was the last time you did any of these things?
6. Do you exercise on a regular basis? What kind? How often? When was the last time?

7. Do you go to church or have a spiritual life? When was the last time you did something like this?

Health Behaviors

1. Do you drink?
2. Do you use any street drugs, such as pot, meth, cocaine, or narcotics? How often? Have you ever had a problem w/using drugs?
3. Do you smoke cigarettes? How many per day? How long?
4. Do you drink coffee, sodas, or energy drinks? How much per day?
5. Are you sexually active? Have you had more than one sexual partner? How many in the last year? Do you have protected sex? What protection do you use?
6. Do you eat regular meals? What kind of food do you eat in a typical day?
7. How is your sleep? Any problems falling/staying asleep? How many hours per night? Rested in the morning?
8. Do you use any over the counter medicines, vitamin supplements or alternative remedies?

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